

Essere Vs Stare

What's the difference between **ESSERE & STARE**?

OR... When do I say **SONO** and when **STO**?

ESSERE (to be) **STARE** (to stay)

Confusion:

- Dialects
- Similar Meanings

STANDARD ITALIAN = ENGLISH

I am..

I stay..

*exceptions apply!

▷ EXAMPLES

<i>Sono manu</i>	"I am Manu"
<i>Sono Italiano</i>	"I am Italian"
<i>Sono alto 170cm</i>	"I am 170cm tall"
<i>Sono stanco</i>	"I am tired"
<i>Sono sportivo</i>	"I am sporty"
<i>Sto a casa</i>	"Stay at home"
<i>Sto in albergo</i>	"Stay in the hotel"

STARE = RESTARE (to remain) ALLOGGIARE (to lodge)

FLUENT IN ITALIAN: THE PROGRAM THAT DELIVERS!

Have you tried learning Italian in the past with little to no success?

If so, **you need our program!**

From Zero To Italian is designed to take you from “zero” - not knowing any Italian - **all the way to fluency.**



What do I get in the courses?

- **Video lessons with Manu** - It's just like having **your own private tutor** with you every step of the way
- **Assignments** - submit your work and voice recordings for personalized feedback on your pronunciation and grammar!
- **Dictation, comprehension and translation exercises**
- **Real Italian conversations** - practice your listening and comprehension skills and improve the way you speak Italian!
- **Interactive quizzes** - self correcting and with detailed explanations of all correct answers

ENROLL IN A COURSE NOW!

▷ STANDARD ITALIAN MILD DISTINCTION

ESSERE (*permanent state*) STARE (*temporary state*)

English Examples:

Where are you staying in Rome?

Stay calm!

Stay happy!

Be happy!

Be good!

Stay still!

▷ ITALIAN DIALECTS STRONG DISTINCTION

ESSERE (*permanent state*) STARE (*temporary state*)

Spanish SER / ESTAR

(Dialects Only) – the words are often interchangeable, but the usage is colloquial.

▷ Some Examples

Sono Manu

Sono italiano

Sto stanco (Standard: Sono stanco)

Sto arrabbiato (Standard: Sono arrabbiato)

Stai fuori

EXCEPTIONS: (when talking about health or emotional state)

ASK MANU ITALIANO

▷ Some Examples

<i>Come stai?</i>	“How are you?”
<i>Sto bene</i>	“I’m fine”
<i>Stare attento</i>	“pay attention”
<i>Stare zitto</i>	“be quiet/shut up”
<i>Stare buono</i>	“be good”

AVERE + (“to be” in English)

<i>FAME</i>	(hungry)
<i>SETE</i>	(thirsty)
<i>SONNO</i>	(sleepy)
<i>PAURA</i>	(scared)
<i>CALDO</i>	(hot)
<i>FREDDO</i>	(cold)
<i>RAGIONE / TORTO</i>	(right/wrong)

ESSERE & STARE – have the same Past Participle.

SONO STATO

- I was / I have been
- I stayed / I have
- stayed



▷ YOUR NOTES